



HOW YOU BECAME WHO ARE YOU: What Should You Base Your Worth On

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1. God's Standard of Worth for All People – True of ALL

- He saw His creation and He said it was GOOD (Genesis 1)
- We are all fearfully and wonderfully made (Psalm 139)
- All have innate value – and deserve to be loved and respected.
- God doesn't make junk.

2. God's Creation of Individual Gifting – Uniquely True of YOU

- Your DNA is unique – 8 BILLION People and ALL are one of a kind.
- Your fingerprints are unique
- The Iris of your eye is unique.
- God has a unique plan for your life. (Proverbs 3:5,6, Jer. 1:5)
- God gave you gifts and capabilities. No one has your unique set of abilities.

RELATIONAL TRUTH

1. Life is relationships. Good ones free you. Bad ones imprison you.
2. You are the sum total of those who have loved you or have refused to love you.
3. Life is relationships. From start to finish, birth to death, you can't duck the influence of *your* people.
4. Freedom begins with the courage to double check if your family of origin was "normal" or not.
5. Life is relationships and some spend their life trying to undo the impact of negative ones.
6. Overcoming your past is a far nobler path than denying it, repeating it or blaming others for it.

3. Twisted Declaration of Worth – Spoken as TRUE over You

- Your family of origin – Your parents especially – shape how you see yourself.
- People that you rely on are inadequate as parents/role models
- Parents are like a MIRROR – They reflect to the young child who they are.
- Instead of being loved and encouraged, many are Ignored, rejected or abused.
- Either failed attachment or fractured attachment, self-doubt sets in.
- The dysfunction around you skews your view of who you are.
- Both harsh treatment and neglect erode the sense of worth God wants you to enjoy.
- Parents are to build into their children a clear picture of their worth before God.
- Parents are to display a consistent caring, encouraging disposition to each child.
- *"For you know that we dealt with each of you as a father deals with his own children, encouraging, comforting and urging you to live lives worthy of God" 1 Thess. 2:11,12*