

Talk is Cheap - Change is Costly

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Boys make Excuses – Men Make Plans ... Dr. Doug Weiss Boys make Excuses – Men Make Changes ... Dr. Dave Currie

ANCHORING SCRIPTURE

1 John 3:18-19 — Dear children, let us *not love with words or speech but with actions and in truth.* This is how we know that we belong to the truth and how we set our hearts at rest in his presence:

Matthew 12:36-37 — But I tell you that everyone will have to give account on the day of judgment for every empty word they have spoken. For by your words you will be acquitted, and by your words you will be condemned."

James 1:22-25 - Do not merely listen to the word, and so deceive yourselves. Do what it says. 23
Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror 24 and, after looking at himself, goes away and immediately forgets what he looks like. 25
But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

Proverbs 24:26 - An honest answer is like a kiss on the lips.

Matthew 5:33,37 - You have also heard that our ancestors were told, 'You must not break your vows; you must carry out the vows you make to the LORD.' But I say, do not make any vows (promises)! Do not say, 'By heaven!' because heaven is God's throne... Just say a simple, 'Yes, I will,' or 'No, I won't.' Anything beyond this is from the evil one.

STEPS TO ANCHORING YOUR GENUINE CHANGES

- Remember: Your Spouses are told to "BELIEVE BEHAVIOUR"
- Broken promises are the most paralyzing of lies!
- Empty Promises are Premeditated Lies!
- Words matter. Speak the truth.
- Fabricated assurances to take the pressure off.
- Gross exaggerations to get what you want.
- These untrue promises create false hopes.
- It is a form of manipulation deceit trickery.
- IF YOU SAY IT... DO IT!!!
- INTENTION MOTIVATION DETERMINATION TRANSFORMATION
- AUTHENTIC SANCTIFICATION AUTHENTIC TRANSFORMATION
- JESUS CHANGES LIVES!
- When God changes me that's a change that lasts!
- Transformation isn't temporary or obscure!
- GOD IS THE AUTHOR OF LASTING CHANGE.
- Lasting Change is a lifestyle change!