




Benefits to Living a Life of Purity



“There exists in such a case a certain institution or law; let us say, for the sake of simplicity, a fence or gate erected across a road. The more modern type of reformer goes gaily up to it and says, "I don't see the use of this; let us clear it away." To which the more intelligent type of reformer will do well to answer: "If you don't see the use of it, I certainly won't let you clear it away. Go away and think. Then, when you can come back and tell me that you do see the use of it, I may allow you to destroy it." - G.K. Chesterton





Psalm 103

¹Bless the LORD, O my soul;
all that is within me, bless His holy name.

²Bless the LORD, O my soul,
and do not forget all His kind deeds—

³He who forgives all your iniquities
and heals all your diseases,

⁴who redeems your life from the Pit
and crowns you with loving devotion and
compassion,

⁵who satisfies you with good things,
so that your youth is renewed like the eagle's.

Benefit 1: Confidence




Benefit 2: Better Connection with God



Benefit 3: Physical Health and Discipline





Benefit 4: Great Emotional intimacy with our Wives



Benefit 5: Greater Physical Intimacy with Wife



Benefit 6: Legacy

